

July 1, 2016 - June 30, 2017

ANNUAL REPORT



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A Message from the SMA Board Chairman



Howard Stange
Chairman of the Board

The Board of Directors wishes to congratulate the employees of Stewart-Marchman-Act Behavioral Healthcare (SMA) for having another successful year. We are honored to work with you and are proud to say that SMA is in the “business of saving lives”. During FY 2016-17 SMA provided critical services to over 23,000 clients. The quality of life in our community is enhanced since SMA is here serving its clients. With significant financial support from the Stewart-Marchman-Act Foundation, SMA was able to complete Phase I of the planned improvements to the Huger Adolescent Campus at Tiger Bay. With the relocation of administrative support services, we look forward to the consolidation of client services at the Willis Avenue location in the upcoming fiscal year. The Board is committed to ensuring SMA continues to be a leading provider of healthcare services in our community.

A Message from the CEO

Dear Friends,

Our focus at SMA for FY 2016-17 was to put real determination behind integrating our services. We have begun with plans to physically locate mental health, substance use, and physical health services together on one campus in East Volusia. Our ongoing efforts will provide a seamless set of services to our clients and promote a holistic approach to care. To complement this effort, we also modified our management structure to be more responsive to the needs of the many communities we serve.

We are very fortunate to have a dedicated Board of Directors and I would like to thank them for their guidance and volunteerism. Their leadership inspires the rest of the SMA team to keep working the "SMA Way" that is with exceptional service, excellence, and integrity. I also want to thank our remarkable SMA staff. Our team of devoted professionals are not only dedicated and caring, but are often selflessly putting their own needs aside as they care for the most vulnerable in our community. I am so proud to be a part of such an incredible organization.



Ivan Cosimi
CEO

2016-17 Board of Directors

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2016-17 Executive Management Team



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Highlights from the Year

Tiger Bay Huger Campus Improvements In preparation for the BEACH House move to Tiger Bay and upgrades for RAP, an extensive remodel of the Huger Campus at Tiger Bay was undertaken. Starting in September 2016 and continuing into the summer of 2017, the former administrative building and the dining hall were renovated to provide a more academic, welcoming and home like atmosphere. Phase I of the remodel also included refurbishment of outside athletic structures such as the ropes course and basketball court. Phase I culminated with the movement of the Beach House program to its new home at Tiger Bay in June 2017. Future construction phases will see work completed on academic and administrative buildings on the campus.

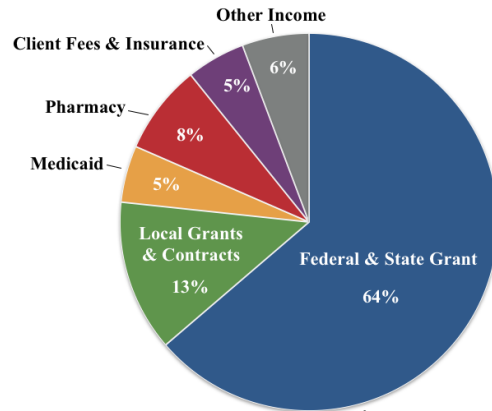


CARF Survey Completed Capping off many months of hard work by all and particularly the Compliance Team, SMA successfully completed its triennial CARF recertification survey in July of 2016. All programs were recertified for three years and many received high praise from the CARF audit team.

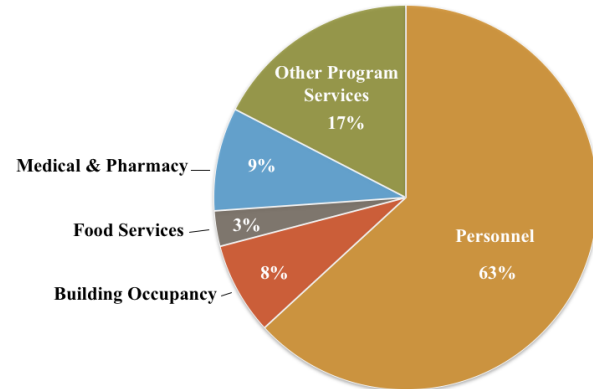
Magnolia Avenue Building Purchase In March of 2017 SMA purchased an office building located at 150 Magnolia Avenue as the future site of administrative and executive staff functions. In addition to creating administrative efficiency, the move will also allow the consolidation of clinical services at the Willis Campus in the Daytona Beach healthcare corridor. Renovations of the Magnolia Avenue property began in April and continued through the summer.



SMA Partners with Volusia Sheriff's Office to Combat Opioid Crisis SMA continues to have a strong partner in the Volusia County Sheriff's Office (VCSO). This year, SMA was invited to accompany Sheriff Mike Chitwood to the Police Executive Research Forum in New York City, to highlight our joint NARCAN initiative targeting the opioid crisis. With both the VCSO and the Daytona Beach Police Department paving the way, SMA has reached out to other law enforcement agencies in our communities in an effort to identify funding that would support the purchase of this life-saving resource for all law enforcement officers.



(Total revenues were \$52,375,092)



(Total expenditures were \$50,159,421)

Clients Served

During FY 2016-17, SMA provided services to over 23,600 clients of which 45% were female and 55% were male. The demographics of those clients approximates that of the general population of the four counties SMA covers with: 76% White, 15% Black, 5% multi-racial, 4% American Indian or Alaska Native, or Asian.

SMA also provided education and materials on mental health, addiction and suicide prevention to over 11,380 community leaders, families, law enforcement personnel, and the general public.



Most frequently occurring client diagnoses:

- | | | | |
|---------------------------------|-----|---------------------------------|-----|
| • Bipolar Disorder | 15% | • Opioid Use Disorder | 10% |
| • Depressive Disorders | 12% | • Alcohol Use Disorder | 9% |
| • Schizophrenia | 12% | • Cannabis Use Disorder | 7% |
| • Other Mental Health Diagnosis | 20% | • Other Substance Use Diagnosis | 15% |

New Programs for FY 2016-17 SOAR, St. Johns & Putnam FACT, PBHCI

SSI/SSD Outreach And Recovery (SOAR) processing services were initiated in all four counties this past year to assist individuals in gaining their disability benefits. The SOAR processor uses the Stepping Stones to Recovery Model in processing disability applications in an expeditious manner that results in quicker acquisition of benefits for the individual to promote self-sufficiency and a sense of wellbeing and value. With a target of 15, **during FY 2016-17, there were 42 individuals served.**

The **Florida Assertive Community Treatment (FACT)** program expanded into St. Johns and Putnam counties, following years of lobbying efforts by SMA staff. FACT provides comprehensive support services to up to 100 individuals who have severe and persistent mental illness, and have had multiple psychiatric hospitalizations. Since 75% of services are provided in the community, individuals who might otherwise be relegated to life-long hospital stays are able to maintain independent living in the community of their choice. **During FY 2016-17, St. Johns and Putnam FACT collectively served 166 individuals, a 66% increase over past years.**



The **Primary & Behavioral Health Care Integration (PBHCI)** clinic provides patient-centered, integrated care to adult SMA clients with severe and persistent mental illness. It also offers wellness services and care coordination between medical, behavioral and community providers, chronic disease management, health promotion, referrals, group classes and peer support. Areas of focus include tobacco cessation and preventing metabolic syndrome. The clinic is staffed by an ARNP, RN, Peer Wellness Coach and Care Manager. **The program served 68 clients through June 30, 2017 and is on target to serve over 100 SMA clients in the first year.**

Proudly Serving Flagler, Putnam, St. Johns & Volusia Counties

NORTHEAST VOLUSIA CARE CENTER

1220 Willis Ave.
Daytona Beach, FL 32114

CHET BELL CRISIS CENTER

1150 Red John Dr.
Daytona Beach, FL 32124

REALITY HOUSE

1341 Indian Lake Rd.
Daytona Beach, FL 32124

**DR. JAMES E. HUGER
ADOLESCENT CAMPUS**

3875 Tiger Bay Rd.
Daytona Beach, FL 32124

CANTLEY OUTPATIENT CENTER

702 S. Ridgewood Ave.
Daytona Beach, FL 32114

ENRICHMENT

225 Fentress Blvd., Suite A
Daytona Beach, FL 32114

**FLORIDA ASSERTIVE
COMMUNITY TREATMENT**

207 San Juan Ave.
Daytona Beach, FL 32114

ADMINISTRATIVE SERVICES

150 Magnolia Ave.
Daytona Beach, FL 32114

DAYTONA BEACH WORK RELEASE

3601 US Hwy 92
Daytona Beach, FL 32124

DELAND CARE CENTER

105 W. Calvin St.
DeLand, FL 32720

**DELAND MEN'S RESIDENTIAL
TREATMENT**

1251 N. Stone St.
DeLand, FL 32720

SMA FOUNDATION

150 Magnolia Ave.
Daytona Beach, FL 32114

SOUTH EAST VOLUSIA CARE CENTER

311 N. Orange St.
New Smyrna Beach, FL 32168

ST. JOHNS CARE CLINIC

200 San Sebastian View
St. Augustine, FL 32084

ST. AUGUSTINE DROP-IN CENTER

920 State Road 16
St. Augustine, FL 32084

FOUR TOWNES CARE CENTER

356 Englenook Dr.
DeBary, FL 32720

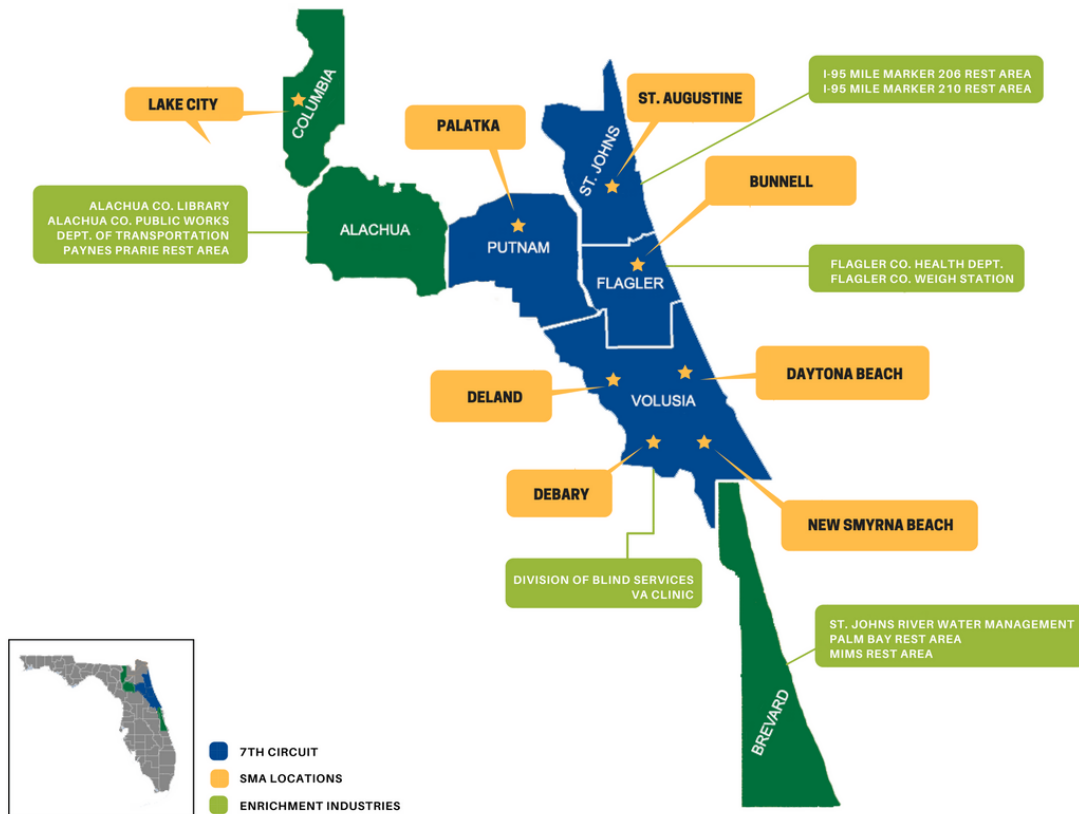
PUTNAM CARE CENTER

330 Kay Larkin Dr.
Palatka, FL 32177

VINCE CARTER SANCTURAY

301 Justice Lane
Bunnell, FL 32110

Locations *(Services vary by location so please contact our Access Center 24/7 at 800.539.4228 for more information)*



The **Access Center** provides a 24/7 central point of entry for clients to SMA services via a toll free number, 1-800-539-4228, answered by Patient Care Coordinators. Callers can obtain information and referral, placement screenings, and solution focused crisis assistance for our community. **During FY 2015-16, the Access Center answered 69,414 calls.**



The East Central Florida Keep Kids Drug Free **Regional Prevention Center** makes presentations and disseminates free prevention materials to the community on alcohol, tobacco and other drug abuse. Prevention strategies include educating the community on risk and protective factors related to drug abuse, training and equipping community leaders with tools to prevent substance use and suicide, and promoting educational activities and opportunities for youth. The KKDF is funded by the KKDF specialty license tag which can be purchased at all Florida State Tag Offices. **In FY 2016-2017, a total of 4,028**

KKDF specialty license plates were sold, and more 10,415 individuals used the resources of SMA's KKDF Prevention Center.

SMA's **Healthy Start Program** provides in-home services to pregnant and postpartum women with children from newborn to three years. Services include needs assessments, home visits, community referrals, educational information, and on-going support. Healthy Start provides education to parents about prenatal care, immunizations, nutrition and well-baby care. Referrals and assistance are provided for behavioral health, housing, child development, day care, HIV testing, and career development. **During FY 2016-17, Healthy Start provided assistance to more than 6,000 women.**



SMA provides targeted prevention services through a mobile **Prevention on the Move (POM)** vehicle, staffed with prevention professionals who bring services to our clients in care and to our communities where individuals might otherwise not be able to access services. POM's 37-foot RV travels throughout the community providing HIV and Hepatitis education, screening, and linkage for participants identified as needing additional services. **During FY 2016-17, POM provided HIV testing services to 820 individuals.**

Outpatient Services



The **Anti-Drug Initiative (ADI)** is a web-based diversion program for non-violent drug offenders and is offered to drug possession arrestees with no prior felony convictions. ADI consists of seven on-line sessions monitored by professionally qualified program staff. Participants are also required to provide randomly scheduled urine specimens. The on-line program is accessible 24/7, allowing participants to complete the sessions at their convenience. Successful completion of the program results in “no filing” of the referring charge by the State Attorney’s Office. **During FY 2016-17, the Anti-Drug Initiative successfully diverted 665 drug offenders from the local criminal justice system.**

SMA provides **Adult and Adolescent Outpatient (AOP) Substance Abuse Counseling** throughout our service region, including an enhanced outpatient treatment program for adults participating in specialty courts in Volusia and Putnam counties. Services include individual sessions, weekly groups and monthly treatment plan reviews. Family participation in treatment is encouraged, with educational and counseling services provided to support the family in the recovery process. Outpatient services allow the individual to remain active with work, family, and the community while they participate in treatment. **During FY 2016-17, SMA served 1,566 adults and 793 adolescents in outpatient substance abuse counseling programs.**

Medication Management Services are provided at care center locations in Bunnell, Daytona Beach, DeLand, New Smyrna Beach, Palatka and St. Augustine, for individuals with severe and persistent mental illness and co-occurring disorders. Goals include lessening or eliminating the symptoms of mental illness and rebuilding a person’s skills to facilitate recovery and reconnection to the community. The teams are comprised of advanced registered nurse practitioners, nurses, therapists, case managers, a life skills coach and a site supervisor. Services include psychiatric evaluation, treatment planning, medication management, nursing services, therapy, and targeted case management. **During FY 2016-17, 8,131 clients received Medication Management services with SMA.**

SMA’s **Pharmacy** provides our clients with quick and easy access to medications prescribed by our psychiatrists, physicians, and nurse practitioners. Our Patient Assistance Specialist helps clients access new atypical anti-psychotic medications that they otherwise could not afford. **During FY 2016-17, SMA’s Pharmacy filled 54,277 prescriptions for 3,930 clients.**

Family Intervention Services and Family Intensive Treatment Team workers engage with individuals that are involved with the child welfare system, and who are identified as experiencing or being at risk of substance abuse/mental health problems. This year, more than **500 individuals** were provided with intervention services, while **80 families** participated in intensive therapy in their homes, reducing the risk of out-of-home placement for their children.

Targeted Case Management (TCM) services are provided to assist individuals in the areas of living, learning, working and socialization. The goal of TCM is to promote independent functioning through coordination of the provision of quality treatment and support services. **During FY 2016-17, the TCM program provided screenings for over 346 individuals.**

Projects for Assistance in Transition from Homelessness (PATH) is a formula based, SAMHSA-funded grant created to reduce or eliminate homelessness for individuals with serious mental illnesses or co-occurring substance abuse disorders who are homeless or at risk of homelessness. Services include case management, outreach, financial assistance, and housing placement. **During FY 2016-17, 44 homeless individuals were provided assistance with overcoming challenges to obtaining permanent housing.**

The Forensic Program provides forensic services to persons with severe and persistent mental illness in the four counties of Judicial Circuit Seven who have felony criminal charges. The Program provides monitoring, supervision, and case management services for persons adjudicated Incompetent to Proceed or Not Guilty by Reason of Insanity and for persons being released from prison needing continued psychiatric care. **During FY 2016-17, Forensics provided 179 clients with forensic case management services, served 43 clients in the prison ReEntry program and tracked 380 defendants with competency concerns through the legal system.**

The **Florida Assertive Community Treatment (FACT) program** was expanded to cover the entire circuit this year, providing comprehensive support services for up to 200 individuals who have severe and persistent mental illness. The typical FACT client has experienced multiple psychiatric hospitalizations. Members of the team are behavioral specialists, delivering a wide scope of services including vocational rehabilitation, psychiatric assessments, individual therapy, nursing services, medication delivery, housing negotiation, nutrition and diabetes education, smoking cessation support and education, ADL coaching, substance abuse treatment, and crisis assessment and intervention 24 hours a day, every day of the year. Since 75% of services are provided in the community, rather than an office and residential setting, individuals who might otherwise experience lengthy state hospital stays are able to maintain independent living in the community of their choice, and approximately half have established employment related goals. **The Florida Assertive Community Treatment (FACT) program increased the number of individuals served from 100 to 166 during FY 2016-17.**

Enrichment Program/Enrichment Industries



The **Enrichment Program** is a comprehensive psychosocial rehabilitation and adult day training for adults with mental illness, developmental disabilities and /or co-occurring disorders. These services are designed to help participants live and work more fully in the community and improve the quality of their lives. The groups offered by Enrichment target increasing independent living, social and/or employment skills and include pre-vocational training, coping, life and social skills trainings, basic math and reading education, as well as group and individual therapy. Other services include screening and job matching, job development, job placement, on-site training assistance, and life-long follow-along services to help the individual maintain employment.

The industrial component provides employment through service contracts and the manufacture of Enrichment products such as crab traps, safety glasses and goggles, ear plugs, office wall clocks, dust mops and jumper cables, as well as contracts with companies to provide light manufacturing, assembling, packaging, and promotional product services. The goal is to provide quality products and services while providing employment opportunities for individuals with disabling conditions. **During FY 2016-17, more than 159 individuals received services, 238 individuals were employed, and sales and service contracts yielded more than \$3.3 million dollars in revenue.**



WARM (Women Assisting Recovering Mothers) at the Vince Carter Sanctuary is a long term residential treatment facility for 80 women exhibiting symptoms of drug and alcohol dependence, with 52 slots designated for those women who are pregnant, post partum, and parenting young children. The women live on campus in a therapeutic and supportive environment. Those with children are able to have their children (under the age of 6) in residence with them. Children age 6 and over are able to visit overnight on weekends.

WARM is a diverse, multi-cultural program providing a broad range of therapeutic wrap around interventions, based upon the client needs as identified during the admission assessment. Strategies include: Moral Reconciliation Therapy, Motivational Interviewing Therapy, Cognitive Behavioral Therapy, Seeking-Safety Curriculum guided therapies, Stages of Change Model, and Strengthening Families – Non-Violent Parent Education. **During FY 2016-17, WARM served 259 women and 88 children. A total of 33 drug free babies (16 boys and 17 girls were born to mothers living at WARM during the year).**



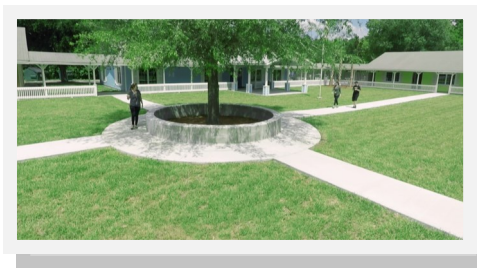
Treatment = Results: *We are proud to be able to report that over 236 babies have been born drug-free through the services at WARM.*

The **Putnam Adult Residential Treatment (ART) Program** is a short-term intensive program for men and is designed to provide clients with the tools necessary to begin and maintain their recovery. The program philosophy is to create an atmosphere of safety and care, and to promote the stability of daily living in recovery through therapeutic interaction. Co-occurring capable, the program offers as needed psychiatric evaluation and the management of psychotropic medications. **During FY 2016-17, the Putnam residential program served 77 clients.**



DeLand Men's Residential Treatment Program (DMRT) is a 54-bed men's substance abuse treatment program experiencing a wide variety of substance dependence issues. In addition to the primary focus on substance abuse disorders, the program is designed to effectively manage co-occurring mental health issues. DMRT provides a structured atmosphere, promoting self-awareness through individual, group, community-based therapy and psychiatric intervention. **During FY 2016-17, DMRT served 159 clients.**

BEACH House is a shelter that provides short-term respite for youth ages 10 to 17 who have been identified as truant, ungovernable, runaway, or homeless. Referrals come from **CINS/FINS** (Children In Need of Services/Families In Need of Services), court, Safe Place sites, law enforcement, school personnel and parents. Shelter, meals, individual and group counseling, education, and family therapy are provided. Family reunification and the development of communication skills are goals of the program. **During FY 2016-17, BEACH House served 390 youth and their families.**



The **Residential Adolescent Program (RAP)** is a 24-bed facility serving substance dependent youth ages 13-17, utilizing individual, group, and family interventions. The average length of stay is 4-6 months. The principles of AA/NA are the foundation for the clinical program. Dialectical Behavioral Therapy is an important ingredient in treatment along with positive peer culture, experiential learning theory, and behavior modification systems. Education services are provided by Volusia County Schools. The program is co-occurring capable, staffed by licensed and certified therapists, nurses, and youth specialists. **During FY 2016-17, the RAP program served 66 youth and their families.**



SMA's Supportive Housing Program provides a safe, sober, and supportive living environment for persons who are homeless. It specifically targets the chronically addicted, often dually-diagnosed who are residing in unsuitable environments or treatment programs. Permanent housing sites are currently in use for homeless persons with disabilities in six locations throughout Volusia County. Because SMA's Recovery Homes operate at capacity most of the time, a referral network has been developed with other supportive housing options in the community in an effort to address the housing needs of clients leaving SMA's residential programs. **The Supportive Housing Program currently supports 18 residents, including 6 children.**

My Place Apartments (MPA) is permanent supportive housing in partnership with the Volusia/Flagler County Coalition for the Homeless that houses 24 chronically homeless individuals at any given time and provides supportive services on site to enable clients to live independently. Two case managers are stationed on site and provide ongoing medication oversight and education, linkage to appropriate services, transportation, budgeting education and income assistance, group facilitation, and instruction on housekeeping, hygiene and other essential activities of daily living. **During FY 2016-17, MPA served 38 individuals.**

SMA's Crisis Services provide 24-hour emergency screening and admission to mental health crisis stabilization, drug abuse detoxification and/or referral to other services. Located at the Chet Bell Crisis Center in Daytona Beach, this is the central point for screening, referral and placement of involuntary clients under the Baker and Marchman Acts. **In FY 2016-17, SMA Crisis Services provided 6,175 screenings at the Chet Bell Crisis Center.**

The Volusia County Crisis Stabilization Unit (CSU) and Detoxification (Detox) Services are licensed for 35 beds and 19 beds respectively. Our average length of stay in these units is 3.11 days for CSU and 4.04 days for Detox. Individuals receive medication appropriate to their presenting problems, individual and group counseling, and discharge planning toward the next appropriate level of care. **More than 4,600 people received inpatient crisis services during FY 2016-17.**



The **Crisis Triage and Treatment Unit (CTTU)** is a crisis assessment and referral service for Flagler County residents experiencing a behavioral health crisis. This program was funded through a federal grant awarded to Flagler County until 03/31/17 and now continued through state resources. This program includes individuals escorted to the program by law enforcement and individuals transported from Florida Hospital Flagler to Crisis Stabilization Units. Law enforcement transports these individuals to SMA for assessment and clinical disposition. When required and appropriate, SMA then transports to a receiving facility in Volusia County. **During FY 2016-17, the CTTU program served 337 individuals.**



The Putnam Detoxification Unit is a licensed 8-bed facility, serving the needs of Putnam and St. Johns counties. Individuals receive medications appropriate for their presenting problems, group and individual counseling and discharge planning. Alcohol and prescription drug abuse accounts for the majority of all admissions. **During FY 2016-17, the Putnam Detox Unit served 367 clients.**

The **Volusia Rape Crisis Center** specializes in advocacy and crisis intervention for adolescents and adults who have experienced sexual assault as a primary or secondary victim. Advocates provide crisis intervention services, assist victims in understanding their rights and options, and offer support throughout the medical and criminal justice process to ensure the victim's recovery. Advocates/may be reached 24/7, by calling the 24 hour Rape Crisis Hotline (800-503-7621).

Justice Services

Reality House is a 173-bed, adult male residential program, contracted through the Florida Department of Corrections. This program provides a 9 to 12 month residential substance abuse treatment program with an additional component of work release. It is the only therapeutic community of its kind in Florida offered to inmates outside the walls of a prison. Milieu therapy and social learning theory provide the foundation for the recovery and reentry process. Services include individual, group and family counseling, culinary arts program, educational services, recreation, self-guided spirituality development, self-help groups, drug screening, gainful employment, accumulation of savings from paid employment, and outside referrals as needed. **During FY 2016-17, a total of 340 inmates received rehabilitative services through the program.**

The work release component allow selected inmates to work at paid employment in the community during the last months of their confinement. Inmates must return back to the facility at the end of each workday. Services include: gradual reintegration back into the community, gainful employment, accumulation of savings from paid employment, preservation of family and community ties, culinary courses and participation in self-help programs. **During FY 2016-17, 238 inmates participated in employment readiness activities at the program.**



SMA Food Service is responsible for preparing and delivering breakfast, lunch, and dinner to 10 separate SMA facilities, producing over 1,500 meals per day. With a culinary team of staff and clients of Reality House, clients are afforded instruction in Nutrition, Restaurant Management, Food Production, Dining Room Apprentice, and Food Safety Management Food accredited through the University of Florida. Some gain culinary certification through the American Culinary Federation by earning distinction as a Certified Culinarian or Certified Pastry Culinarian. This is the only facility in the nation that is certifying clients while they are still incarcerated. **To date, 39 inmates have become certified as culinarians through this opportunity.**

The Adult Justice ReEntry Program at Columbia Correctional Institution in Lake City, Florida, provides multiple services for the Department of Corrections and the inmates assigned to them. First is the ReEntry Transitional Program itself, the only program to serve high risk, close custody inmates in the state regardless of crime committed, using a “modified therapeutic community” approach. The **ReEntry Transitional Program provided life skills, job readiness, and socialization skills training to 352 client-inmates during FY 2016-17.**

The **Correctional Treatment Diversion Program’s (CTDP)** mission is to improve the quality of life of individuals and families affected by substance abuse and criminal behavior through prevention, intervention, and treatment. CTDP is a collaborative project with Volusia County, the Seventh Judicial Circuit, Volusia County Division of Corrections and SMA. The program is designed to serve adults who are identified as having substance abuse problem, are amenable to treatment and who would have served a sentence of more than 120 days. Services provided include assessment, individual and group therapy, court advocacy and case management. **In FY 2016-17, 431 clients were evaluated for placement, with 123 admitted to the program.**



In addition, a licensed psychiatric treatment team led by SMA’s Chief Medical Officer at the Volusia County Corrections Department provides mental health screening, psychiatric services, crisis intervention, and discharge planning to all identified inmates of Volusia County.

Community Outreach & Education

The **Family Education Program (FEP)**, uses the evidence based Family Unit Matrix model, to provide a 12-session educational program for the families of our clients. The family education program describes how addiction impacts the entire family and offers assistance. The goal is to provide information and guidance to families struggling to cope with the family impact of addictive disease. **During FY 2016-17, FEP provided training to 259 individuals.**

Our evidenced based **Alcohol Literacy Challenge (ALC) Program for Youth** revolutionizes classroom based prevention by changing alcohol expectancies and reducing the quantity and frequency of alcohol uses amongst elementary, middle, high school and college students. **During 2016-2017, ALC served 561 youth.**



SMA is one of the community partners that make **Crisis Intervention Training (CIT)** possible, along with NAMI of Volusia/Flagler County, Volusia and Flagler County Sheriffs' Office and Daytona Beach Police Department. The CIT program is an intense 40-hour law enforcement training designed to improve LEO skills when responding to mental health emergencies with goals of assuring safety, understanding, and service to the mentally ill, their families and law enforcement. CIT is more than just training. It establishes teams of trained LEO's within each law enforcement agency to respond effectively to people with mental illnesses, including those with co-occurring substance use disorders that are in crisis. **To date this program has trained more than 1,326 first responders in Volusia and Flagler Counties.**

"Most useful training I have received in my 10 years of experience in law enforcement/emergency services."

Mental Health First Aid is an 8-hour training certification course which teaches participants a five-step action plan to assess a situation, select and implement interventions and secure appropriate care for the individual. It introduces participants to risk factors and warning signs of mental health problems, builds understanding of their impact and overviews common treatments. **During FY 2016-17, 223 community members received Mental Health First Aid Training.**

"It's been a while that a training has been helpful and directly relevant."





SMA provides opportunities to volunteer, intern, or volunteer in groups in almost all of our programs. **During FY 2016-17, volunteers donated over 20,705 hours, which translates to \$470,004 of in-kind match.**

In addition, SMA has a volunteer **Board of Directors** made up of 15 professionals from our community. Board members attend monthly Board meetings, serve on committees, participate in advocacy activities and work with the SMA Foundation on fundraising efforts. They put in numerous hours toward the governance of SMA, beyond the volunteer hours listed above.

There are also additional groups such as the **FACT Advisory, WARM/Vince Carter Sanctuary Community Support Council and Adolescent Advisory** where community members participate to provide valuable feedback on SMA services.

SMA provides opportunities to community members and groups to volunteer in all of our programs. The 12-Step community, AA, NA, as well as AI-non local churches, and philanthropic groups provide services on a weekly basis at SMA sites.

SMA also has partnerships with over 30 local and national top rated universities, which allows students to acquire relevant knowledge and experience to enhance their professional portfolio.

In April 2017, volunteers (including interns) were celebrated and recognized for their contributions to SMA at the Annual Volunteer Appreciation Luncheon event at the LPGA International Golf Club in Daytona Beach. Over 85 staff and volunteers attended and were celebrated for giving back to our community.

For FY 2016-17, SMA honored *Jill Yeoman* as the Volunteer of the Year and the “*Cut up and Sew*” group at WARM at the Vince Carter Sanctuary as the Volunteer Group of the Year.

Thank You!

SMA would like to thank its community partners for their part in
SMA's success in FY 2015-2016*



* SMA partners with numerous agencies and organizations, all of which may not be included



The Stewart-Marchman-Act Foundation focuses on building the *21* resources to complement the programs of Stewart-Marchman-Act Behavioral Healthcare, providing advocacy, community education, and funds to conduct research. The Foundation continues with its various fundraising efforts and events to increase community awareness and reduce the stigma of addiction and mental illness.

A Message from the SMA Foundation Board



Melissa Murphy,
Chairman



Jennifer Secor, CFRE
Executive Director

Thanks to our generous donors and supporters, the SMA Foundation was able to provide support and services to numerous SMA programs this past year. From purchasing a van for W.A.R.M. at the Vince Carter Sanctuary to collecting and processing donations to assist SMA clients and their families during the holidays, your donation, whether large or small, helped to make a difference. In 2015, the foundation embarked on a 2-year, \$500,000 capital campaign to raise the funds necessary to renovate the Dr. James E. Huger Adolescent Campus. The Foundation met our fundraising goal and the renovations to the campus have been completed. The foundation was proud to be able to host the 2nd annual Mental Health Symposium which provided exceptional, educational opportunities for community members and mental health professionals. Our continued partnership with SMA allows us to work together towards improving the health in the communities we serve. As we look back on a successful year, we also look forward to new challenges and opportunities to make a difference. We also look forward to welcoming new supporters who believe it is critical to provide exceptional and comprehensive services to individuals in our communities living with addiction and/or mental illness.

2016-2017 SMA Foundation Board

Officers:

Chairman:

Melisa Murphy

Vice-Chairman:

Carl Lentz, IV

Secretary:

Andrew Gurtis

Treasurer:

Sherry Keyes

Immediate Past

Chair:

Jon Greaves

Founder/Director

Emeritus:

James H. Foster

Director Emeritus:

Peter Heebner

Members:

Debra Berner

Lonnie Brown

Pam Carbiener, MD

Jimmy Foster

Maureen France

Julie Giese

Frank Heckman

Mark Johnson

Larry Kelly

Lawrence J. McDermott

David Perryman

Jill Simpkins

Ted Serbousek

Bob Wheeler

Ryan Will

SMA Foundation—Accomplishments

SMAF successfully met the goal of a 2-year, \$500,000 capital campaign to fund renovations at the Dr. James E. Huger Adolescent Campus. Donations towards this project allowed SMA to co-locate both BEACH House and RAP programs onto the same site and will benefit area families by enabling children to stay close to home for recovery and treatment needs.

The foundation teamed up with our friends at the Volusia/Flagler Family YMCA to host “Rematch After Rio” featuring 12-time Olympic medalist, Ryan Lochte and National Lifeguard Champion Hall of Fame Member and 3-time, US Masters Swimming World Record Holder, Charlie Lydecker. The competition was fierce and the storm clouds stayed away just long enough for the guests and sponsors to enjoy the sold-out event.



Thanks to numerous sponsors and supporters, a record \$149,000 was raised at the foundation’s annual dinner celebration and auction benefiting SMA’s mental health programs. The sold-out event featured special guest, Austin Dillon, driver of the No.3 Chevrolet for Richard Childress Racing and guests enjoyed the “Great Outdoors: Join the Adventure” theme.

To recognize National Mental Health Month in May, “Who is Jay?, “ the foundation’s campaign which provides education and awareness and offers hope, and materials and resources regarding mental illness, held its 2nd annual, Mental Health Symposium at the Ocean Center. 150 mental health professionals and community members were able to hear from top national speakers on a variety of topics.

The BEACH House 5K, was held in November and raised funds and awareness for SMA’s BEACH House program, which provides youth in our care with shelter, meals, individual and group counseling, educational groups and family therapy. Over 100 runners tried to beat SMA’s CEO, Ivan Cosimi, and win the coveted “I Beat Ivan” Award!





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*You can also call, fax or e-mail your needs via
Phone - (386) 236-3200, Fax - (386) 236-1819 or
Email ADACoordinator@SMAbehavioral.org.*

SMA is CARF accredited and SMA programs are sponsored by SMA, LSF Health Systems, LLC, and the State of Florida Department of Children and Families.

**Access Center 24/7
1-800-539-4228**



www.SMAbehavioral.org

